



US DEPARTMENT OF VETERANS AFFAIRS OFFICE OF INSPECTOR GENERAL

Office of Healthcare Inspections

VETERANS HEALTH ADMINISTRATION

Comprehensive Healthcare Inspection of the James E. Van Zandt VA Medical Center in Altoona, Pennsylvania

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Figure 1. James E. Van Zandt VA Medical Center in Altoona, Pennsylvania.
Source: <https://www.va.gov/altoona-health-care/locations> (accessed January 31, 2023).

Abbreviations

ADPCS	Associate Director Patient Care Services
CHIP	Comprehensive Healthcare Inspection Program
FY	fiscal year
LIP	licensed independent practitioner
OIG	Office of Inspector General
VHA	Veterans Health Administration
VISN	Veterans Integrated Service Network



Report Overview

This Office of Inspector General (OIG) Comprehensive Healthcare Inspection Program (CHIP) report provides a focused evaluation of the quality of care delivered in the inpatient and outpatient settings of the James E. Van Zandt VA Medical Center in Altoona and multiple outpatient clinics in Pennsylvania. The inspection covers key clinical and administrative processes that are associated with promoting quality care.

Comprehensive healthcare inspections are one element of the OIG's overall efforts to ensure the nation's veterans receive high-quality and timely VA healthcare services. The OIG inspects each facility approximately every three years and selects and evaluates specific areas of focus each year. At the time of this inspection, the OIG focused on core processes in the following five areas of clinical and administrative operations:

1. Leadership and organizational risks
2. Quality, safety, and value
3. Medical staff privileging
4. Environment of care
5. Mental health (focusing on suicide prevention initiatives)

The OIG initiated an unannounced inspection of the James E. Van Zandt VA Medical Center during the week of January 23, 2023. The OIG held interviews and reviewed clinical and administrative processes related to specific areas of focus that affect patient outcomes. Although the OIG reviewed a broad spectrum of processes, the sheer complexity of VA medical facilities limits inspectors' ability to assess all areas of clinical risk. The findings presented in this report are a snapshot of the medical center's performance within the identified focus areas at the time of the OIG inspection and may help leaders identify vulnerable areas or conditions that, if properly addressed, could improve patient safety and healthcare quality.

Results Summary

The OIG noted an opportunity for improvement and issued one recommendation to the Chief of Staff in the Medical Staff Privileging area of review. The number of recommendations should not be used as a gauge for the overall quality of care provided at this medical center. The intent is for leaders to use recommendations as a road map to help improve operations and clinical care moving forward. Recommendations are based on retrospective findings of deficiencies in adherence to Veterans Health Administration national policy and require action plans that can effectively address systems issues that may have contributed to the deficiencies or interfered with the delivery of quality health care. The result is detailed in the report section, and the recommendation is presented in appendix A on page 17.

VA Comments

The Veterans Integrated Service Network Director and Medical Center Director agreed with the comprehensive healthcare inspection finding and recommendation and provided an acceptable improvement plan (see appendixes C and D, pages 19–20, and the response within the body of the report for the full text of the directors’ comments). The OIG considers recommendation 1 closed.



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Purpose and Scope

The purpose of the Office of Inspector General (OIG) Comprehensive Healthcare Inspection Program (CHIP) is to conduct routine oversight of VA medical facilities that provide healthcare services to veterans. This report's evaluation of the quality of care delivered in the inpatient and outpatient settings of the James E. Van Zandt VA Medical Center examines a broad range of key clinical and administrative processes associated with positive patient outcomes. The OIG reports its findings to Veterans Integrated Service Network (VISN) and medical center leaders so they can make informed decisions to improve care.¹

Effective leaders manage organizational risks by establishing goals, strategies, and priorities to improve care; setting expectations for quality care delivery; and promoting a culture to sustain positive change.² Effective leadership has been cited as “among the most critical components that lead an organization to effective and successful outcomes.”³

To examine risks to patients and the organization, the OIG focused on core processes in the following five areas of clinical and administrative operations:⁴

1. Leadership and organizational risks
2. Quality, safety, and value
3. Medical staff privileging
4. Environment of care
5. Mental health (focusing on suicide prevention initiatives)

¹ VA administers healthcare services through a nationwide network of 18 regional systems referred to as Veterans Integrated Service Networks.

² Anam Parand et al., “The Role of Hospital Managers in Quality and Patient Safety: A Systematic Review,” *British Medical Journal* 4, no. 9 (September 5, 2014): 13, <https://doi.org/10.1136/bmjopen-2014-005055>.

³ Danae F. Sfantou et al., “Importance of Leadership Style towards Quality of Care Measures in Healthcare Settings: A Systematic Review,” *Healthcare (Basel)* 5, no. 4 (October 14, 2017): 73, <https://doi.org/10.3390/healthcare5040073>.

⁴ CHIP site visits addressed these processes during fiscal year (FY) 2023 (October 1, 2022, through September 30, 2023); they may differ from prior years' focus areas.

Methodology

The James E. Van Zandt VA Medical Center also provides care through multiple outpatient clinics in Pennsylvania. General information about the medical center can be found in appendix B.

The inspection team conducted an on-site review beginning the week of January 23, 2023.⁵ During the site visit, the OIG did not receive any complaints beyond the scope of this inspection that required referral to the OIG hotline.

Oversight authority to review the programs and operations of VA medical facilities is authorized by the Inspector General Act of 1978.⁶ The OIG reviews available evidence within a specified scope and methodology and makes recommendations to VA leaders, if warranted. Findings and recommendations do not define a standard of care or establish legal liability.

This report's recommendation for improvement addresses a problem that can influence the quality of patient care significantly enough to warrant OIG follow-up until medical center leaders complete corrective actions. The Medical Center Director's response to the report recommendation appears within the associated topic area. The OIG accepted the action plan that medical center leaders developed based on the reasons for noncompliance.

The OIG conducted the inspection in accordance with OIG procedures and *Quality Standards for Inspection and Evaluation* published by the Council of the Inspectors General on Integrity and Efficiency.

⁵ The OIG's last Clinical Assessment Program review of the James E. Van Zandt VA Medical Center occurred in March 2017. The Joint Commission performed hospital, behavioral health care and human services, and home care accreditation reviews in October 2020.

⁶ Inspector General (IG) Act of 1978, as amended, 5 U.S.C. §§ 401–424.

Results and Recommendations

Leadership and Organizational Risks

Healthcare leaders must focus their efforts to achieve results for the populations they serve.⁷ High-impact leaders should be person-centered and transparent, engage front-line staff members, have a “relentless focus” on their organization’s vision and strategy, and “practice systems thinking and collaboration across boundaries.”⁸ When leaders fully engage and inspire employees, create psychological safety, develop trust, and apply organizational values to all decisions, they lay the foundation for a culture and system focused on clinical and patient safety.⁹

To assess this medical center’s leadership and risks, the OIG considered the following indicators:

1. Executive leadership position stability and engagement
2. Budget and operations
3. Employee satisfaction
4. Patient experience
5. Identified factors related to possible lapses in care and medical center leaders’ responses

Executive Leadership Position Stability and Engagement

Each VA facility organizes its leadership structure to address the needs and expectations of the local veteran population it serves. The medical center had a leadership team consisting of a Medical Center Director (Director), Chief of Staff, Associate Director Patient Care Services (ADPCS), and Associate Director. The Chief of Staff and ADPCS oversaw patient care, which included managing service directors, program chiefs, and department leaders.

At the time of the OIG inspection, the executive leadership team had worked together for approximately three weeks, since the Director and acting Associate Director were assigned on January 1, 2023. The ADPCS was the most tenured leader, having served in the position since March 2019.

⁷ Stephen Swensen et al., *High-Impact Leadership: Improve Care, Improve the Health of Populations, and Reduce Costs*, Institute for Healthcare Improvement White Paper, 2013.

⁸ Swensen et al., *High-Impact Leadership: Improve Care, Improve the Health of Populations, and Reduce Costs*.

⁹ Allan Frankel et al., *A Framework for Safe, Reliable, and Effective Care*, Institute for Healthcare Improvement White Paper, 2017.

To help assess executive leaders' engagement, the OIG interviewed the Director, Chief of Staff, ADPCS, and acting Associate Director regarding their knowledge, involvement, and support of actions to improve or sustain performance.

Budget and Operations

The OIG noted that the medical center's fiscal year (FY) 2022 annual medical care budget of \$268,886,078 had increased by approximately 9 percent compared to the previous year's budget of \$245,962,416.¹⁰ The Chief of Staff and ADPCS reported the increased budget facilitated growth in the number of patients, outpatient visits, and direct medical care employees in FYs 2021 and 2022.¹¹ The Chief of Staff and ADPCS described focusing on hiring providers and support staff in primary care and surgical specialties to improve patients' access to care. The ADPCS stated that additional providers at community-based outpatient clinics over the last three years allowed for more comprehensive patient care in those settings.

Employee Satisfaction

The All Employee Survey is an "annual, voluntary, census survey of VA workforce experiences. The data are anonymous and confidential."¹² Although the OIG recognizes that employee satisfaction survey data are subjective, they can be a starting point for discussions, indicate areas for further inquiry, and be considered along with other information on medical facility leaders.

To assess employee viewpoints, the OIG reviewed results from VA's All Employee Survey from FYs 2020 through 2022 regarding their perceived ability to disclose a suspected violation without fear of reprisal.¹³ Table 1 provides relevant survey results for Veterans Health Administration (VHA) and the medical center over time.

The medical center's scores for the selected question were higher than VHA's for all three FYs. All leaders attributed the increased scores to their implementation of high reliability organization principles: transparency, safety rounds (inspections), and huddles.¹⁴

¹⁰ Veterans Health Administration (VHA) Support Service Center.

¹¹ Direct medical care employees are directly involved in patient care. VHA Support Service Center and VA Corporate Data Warehouse.

¹² "AES Survey History, Understanding Workplace Experiences in VA," VHA Support Service Center.

¹³ The OIG makes no comment on the adequacy of the VHA average. The VHA average is used for comparison purposes only.

¹⁴ "A high-reliability organization (HRO) is an organization with a goal of achieving 'zero harm' in an environment where accidents are expected due to complexity or risk factors." VHA Directive 1026.01, *VHA Systems Redesign and Improvement Program*, December 12, 2019.

The Director reported creating a culture of safety and addressing employee feedback in a timely manner.¹⁵ The ADPCS attributed the higher scores to adding venues for communication, such as regular nursing meetings and visits to patient care areas so staff can raise concerns directly to clinical leaders, who focused on being visible and closing loops. The ADPCS and the acting Associate Director said staff were comfortable reporting issues without concern for retaliation or punishment, and the Chief of Staff agreed that morale and perceptions of psychological safety had improved. The ADPCS explained that training staff to report known issues to leaders was necessary for making decisions in patients’ best interest.

**Table 1. All Employee Survey Question:
Ability to Disclose a Suspected Violation
(FYs 2020 through 2022)**

All Employee Survey Group	FY 2020	FY 2021	FY 2022
VHA	3.8	3.9	3.9
James E. Van Zandt VA Medical Center	3.9	3.9	4.1

Source: VA All Employee Survey (accessed October 18, 2022).

Note: Respondents scored this survey item from 1 (Strongly disagree) through 6 (Do not know).

Patient Experience

VHA uses surveys from the Consumer Assessment of Healthcare Providers and Systems program to assess patients’ healthcare experiences and compare them to the private sector. VHA also collects Survey of Healthcare Experiences of Patients data from Inpatient, Patient-Centered Medical Home (primary care), and Specialty Care surveys.¹⁶ The OIG reviewed responses to three relevant survey questions that reflect patient experiences with the medical center from FYs 2020 through 2022. Table 2 provides survey results for VHA and the medical center over time.

The medical center’s inpatient and specialty care scores trended downward all three years, indicating patients were increasingly less satisfied with their experiences. Executive leaders reported establishing a “no tolerance for intolerance” culture with front-line staff. The Chief of Staff recognized there were opportunities for providers to improve their communication with

¹⁵ A culture of safety is “the product of individual and group values, attitudes, perceptions, competencies, and patterns of behavior that determine the commitment to, and the style and proficiency of, an organization’s health and safety management.” “Hospital Survey on Patient Safety Culture: User’s Guide,” Agency for Healthcare Research and Quality, July 2018, accessed January 8, 2023, <https://www.ahrq.gov/sites/default/files/wysiwyg/professionals/quality-patient-safety/patientsafetyculture/hospital/userguide/hospcult.pdf>.

¹⁶ “Patient Experiences Survey Results,” VHA Support Service Center.

patients. The Director discussed a focus on diversity and inclusion, specifically regarding the lesbian, gay, bisexual, transgender, and queer community because leaders prioritized serving all patients. The Director also emphasized increased engagement by regularly visiting staff with the ADPCS, stating that an invested team member improves patient satisfaction and fosters positive experiences.

**Table 2. Survey of Healthcare Experiences of Patients
(FYs 2020 through 2022)**

Questions	FY 2020		FY 2021		FY 2022	
	VHA	Medical Center	VHA	Medical Center	VHA	Medical Center
Inpatient: <i>Would you recommend this hospital to your friends and family?*</i>	69.5	81.1	69.7	78.7	68.9	74.7
Patient-Centered Medical Home: <i>Overall, how satisfied are you with the health care you have received at your VA facility during the last 6 months?†</i>	82.5	90.5	81.9	93.0	81.7	91.4
Specialty Care: <i>Overall, how satisfied are you with the health care you have received at your VA facility during the last 6 months?†</i>	84.8	90.8	83.3	89.6	83.1	89.3

Source: VHA Office of Quality and Patient Safety, Analytics and Performance Integration, Performance Measurement (accessed December 8 and 14, 2022).

*The response average is the percent of “Definitely yes” responses.

†The response average is the percent of “Very satisfied” and “Satisfied” responses.

Identified Factors Related to Possible Lapses in Care and Medical Center Leaders’ Responses

Leaders must ensure patients receive high-quality health care that is safe, effective, timely, and patient-centered because any preventable harm episode is one too many.¹⁷ According to The Joint Commission’s standards for leadership, a culture of safety and continual process

¹⁷ Frankel et al., *A Framework for Safe, Reliable, and Effective Care*; “Quality and Patient Safety (QPS),” Department of Veterans Affairs, accessed October 13, 2021, <https://www.va.gov/QUALITYANDPATIENTSAFETY/>.

improvements lead to safe, quality care for patients.¹⁸ A VA medical facility’s culture of safety and learning enables leaders to identify and correct systems issues. If leaders do not respond when adverse events occur, they may miss opportunities to learn and improve from those events and risk losing trust from patients and staff.¹⁹

“A sentinel event is a patient safety event (not primarily related to the natural course of a patient’s illness or underlying condition) that reaches a patient and results in death, severe harm (regardless of duration of harm), or permanent harm (regardless of severity of harm).”²⁰ Additionally, an institutional disclosure is “a formal process by which VA medical facility leader(s), together with clinicians and others as appropriate, inform the patient or the patient’s personal representative that an adverse event has occurred during the patient’s care that resulted in, or is reasonably expected to result in, death or serious injury, and provide specific information about the patient’s rights and recourse.”²¹ Lastly, a large-scale disclosure is “a formal process by which VHA officials assist with coordinating the notification to multiple patients, or their personal representatives, that they may have been affected by an adverse event resulting from a systems issue.”²² To this end, VHA implemented standardized processes to guide leaders in measuring, assessing, and reacting to possible lapses in care to improve patient safety.²³

The Director, Chief of Staff, and Quality Management Service staff reported there were no sentinel events, institutional disclosures, or large-scale disclosures during FY 2022. The Director reported receiving notification of adverse events in real time. The Chief of Staff described becoming aware of adverse events through the Director’s morning huddle and patient safety discussions.

The ADPCS discussed patient safety efforts over the last three years such as leaders emphasizing high reliability organization principles and a culture of “see something, say something,” so employees feel comfortable reporting safety concerns without fear of retaliation. The Associate Director and ADPCS also discussed leaders’ specific methods for establishing a culture of safety:

¹⁸ The Joint Commission, *Standards Manual*, E-dition, July 1, 2022.

¹⁹ Jim Conway et al., *Respectful Management of Serious Clinical Adverse Events (2nd ed.)*, Institute for Healthcare Improvement White Paper, 2011.

²⁰ The Joint Commission, *Comprehensive Accreditation Manual for Hospitals*, Sentinel Event Policy (SE), July 2023. VHA incorporates The Joint Commission’s definition of a sentinel event in VHA Directive 1190, *Peer Review for Quality Management*, November 21, 2018.

²¹ VHA Directive 1004.08, *Disclosure of Adverse Events to Patients*, October 31, 2018.

²² VHA Directive 1004.08.

²³ VHA Handbook 1050.01, *VHA National Patient Safety Improvement Handbook*, March 4, 2011. (VHA rescinded and replaced this handbook with VHA Directive 1050.01, *VHA Quality and Patient Safety Programs*, March 24, 2023. The new directive contains similar language regarding patient safety as the rescinded handbook.)

- Educating team members during new employee orientations
- Holding patient safety discussions with employees
- Conducting environment of care rounds
- Being visible during patient safety rounds
- Training service chiefs and supervisors to communicate adverse events to leaders as soon as possible
- Maintaining the Director's open-door policy

Leadership and Organizational Risks Findings and Recommendations

The OIG made no recommendations.

Quality, Safety, and Value

VHA is committed to providing exceptional health care to veterans.²⁴ To achieve this goal, VHA requires that its medical facility leaders implement programs to monitor the quality of patient care and performance improvement activities and maintain Joint Commission accreditation. Many quality-related activities are informed and required by VHA directives and nationally recognized accreditation standards.²⁵

VHA implemented the National Center for Patient Safety program to develop a range of patient safety methodologies and practices. VHA's Patient Safety program includes staff assessing system vulnerabilities that may result in patient harm, reporting adverse patient safety events, and focusing on prevention.²⁶ According to The Joint Commission's standards for performance improvement, staff must analyze data to monitor performance and identify trends and improvement opportunities, then implement actions to enhance patient safety.²⁷

The OIG assessed the medical center's processes for conducting peer reviews of clinical care.²⁸ Peer reviews, "when conducted systematically and credibly," reveal areas for improvement (involving one or more providers' practices) and can result in both immediate and "long-term improvements in patient care."²⁹ Peer reviews are "intended to promote confidential and non-punitive assessments of care" that consistently contribute to quality management efforts at the individual provider level.³⁰

The OIG team interviewed key managers and staff and evaluated peer reviews and patient safety reports. The team also reviewed one death that occurred within 24 hours of inpatient admission during FY 2022.

Quality, Safety, and Value Findings and Recommendations

The OIG made no recommendations.

²⁴ Department of Veterans Affairs, *Veterans Health Administration Blueprint for Excellence*, September 21, 2014.

²⁵ VHA Directive 1100.16, *Health Care Accreditation of VHA Facilities and Programs*, July 19, 2022.

²⁶ VHA Handbook 1050.01; VHA Directive 1050.01.

²⁷ The Joint Commission, *Standards Manual*, E-dition, PI.03.01.01, PI.04.01.01, January 1, 2022.

²⁸ A peer review is a "critical review of care performed by a peer," to evaluate care provided by a clinician for a specific episode of care, identify learning opportunities for improvement, provide confidential communication of the results back to the clinician, and identify potential system or process improvements. VHA Directive 1190.

²⁹ VHA Directive 1190.

³⁰ VHA Directive 1190.

Medical Staff Privileging

VHA has defined procedures for the clinical privileging of “all health care professionals who are permitted by law and the facility to practice independently.”³¹ These healthcare professionals are known as licensed independent practitioners (LIPs) and provide care “without supervision or direction, within the scope of the individual’s license, and in accordance with individually-granted clinical privileges.”³²

Privileges need to be specific and based on the individual practitioner’s clinical competence. Privileges are requested by the LIP and reviewed by the responsible service chief, who then makes a recommendation to approve, deny, or amend the request. An executive committee of the medical staff evaluates the LIP’s credentials and service chief’s recommendation to determine whether “clinical competence is adequately demonstrated to support the granting of the requested privileges,” and submits the final recommendation to the facility director.³³ LIPs are granted clinical privileges for a limited time and must be repriviledged prior to their expiration.³⁴

VHA states the Focused Professional Practice Evaluation is a defined period during which service chiefs assess LIPs’ professional performance. The Focused Professional Practice Evaluation process occurs when a practitioner is hired at the facility and granted initial or additional privileges. Facility leaders must also monitor the LIP’s performance by regularly conducting an Ongoing Professional Practice Evaluation to ensure the continuous delivery of quality care.³⁵

VHA’s credentialing process involves the assessment and verification of healthcare practitioners’ qualifications to provide care and is the first step in ensuring patient safety.³⁶ Historically, many VHA facilities had portions of their credentialing processes aligned under different leaders, which led to inconsistent program oversight, position descriptions, and reporting structures. VHA implemented credentialing and privileging modernization efforts to increase standardization and now requires all credentialing and privileging functions to be merged into one office under the chief of staff. VHA also requires facilities to have credentialing and

³¹ VHA Handbook 1100.19, *Credentialing and Privileging*, October 15, 2012. (VHA rescinded and replaced this handbook with VHA Directive 1100.21(1), *Privileging*, March 2, 2023, amended April 26, 2023. VHA previously replaced the credentialing portion of this handbook with VHA Directive 1100.20, *Credentialing of Health Care Providers*, September 15, 2021.)

³² VHA Handbook 1100.19.

³³ VHA Handbook 1100.19.

³⁴ VHA Handbook 1100.19.

³⁵ VHA Handbook 1100.19.

³⁶ VHA Directive 1100.20.

privileging managers and specialists with job duties that align under standard position descriptions.³⁷

The OIG interviewed key managers and selected and reviewed the privileging folders of 30 medical staff members who underwent initial privileging or reprivileging during FY 2022.

Medical Staff Privileging Findings and Recommendations

VHA required practitioners with similar training and privileges to evaluate LIPs on an ongoing basis.³⁸ The OIG was unable to determine if similarly trained and privileged practitioners consistently evaluated LIPs, based on the documentation staff provided. Therefore, LIPs may have provided care without a thorough evaluation of their practice, which could adversely affect quality of care and jeopardize patient safety. The Chief of Staff attributed the noncompliance to significant medical staff shortages.

Recommendation 1

1. The Chief of Staff ensures practitioners with equivalent specialized training and similar privileges evaluate licensed independent practitioners on an ongoing basis.³⁹

³⁷ Assistant Under Secretary for Health Operations/Chief Human Capital Management memo, “Credentialing and Privileging Staffing Modernization Efforts—Required Modernization Actions and Implementation of Approved Positions Fiscal Year 2020,” December 16, 2020.

³⁸ Acting Deputy Under Secretary for Health for Operations and Management memo, “Requirements for Peer Review of Solo Practitioners,” August 29, 2016. (This memo was rescinded and replaced by the Assistant Under Secretary for Health for Clinical Services/Chief Medical Officer’s Revision memo, “Implementation of Enterprise-Wide Focused Professional Practice Evaluation (FPPE) and Ongoing Professional Practice Evaluation (OPPE) Specialty-Specific Clinical Indicators,” on May 18, 2021). VHA now requires another practitioner with equivalent specialized training and similar privileges to complete the professional practice evaluation. VHA Directive 1100.21(1).

³⁹ The OIG reviewed evidence sufficient to demonstrate that leaders completed improvement actions and therefore closed the recommendation as implemented before publication of the report.

Medical Center concurred.

Target date for completion: Completed

Medical Center response: VISN Professional Practice Evaluation form was updated to include the space for/notation that the reviewer's signature must also include the reviewers' title and specialty. The updated VISN form was in use as of January 23, 2023.

The Credentialing Coordinator provided education to Service Chiefs on the requirement that Ongoing Professional Practice Evaluation[s] must be completed by practitioners with similar training/privileges. Education was provided at the Chief of Staff meeting on January 27, 2023, with completion of education captured in meeting minutes.

Compliance/Sustainability Plan:

a. The Chief, Surgical Service assigned action on February 6, 2023, to monitor 100% of Surgical Service practitioners due for Ongoing Professional Practice Evaluation each month to ensure that the Ongoing Professional Practice Evaluation was completed by a practitioner with similar training/privileges. This review was completed utilizing the updated VISN Professional Practice Evaluation form.

b. Surgical Service Ongoing Professional Practice Evaluation data was collected monthly to ensure privilege review was completed by a practitioner with similar training and privileges. The numerator was the total number of Ongoing Professional Practice Evaluations completed by a practitioner with similar training/privileges. The denominator was the total number of Ongoing Professional Practice Evaluations completed.

c. Compliance data demonstrating six consecutive months of compliant data (target-90%) was reported to the Medical Executive Council (MEC) on October 5, 2023.

d. Compliance monitored for six (6) months with the following results:

February 2023: 47/47=100%

March 2023: 51/51=100%

April 2023: 49/49=100%

May 2023: 46/46=100%

June 2023: 40/40=100%

July 2023: 39/39=100%

Environment of Care

Any facility, regardless of its size or location, faces vulnerabilities in the healthcare environment. VHA requires staff to conduct environment of care inspections and track issues until they are resolved. The goal of VHA’s environment of care program is to ensure “a safe, clean health care environment that provides the highest standards in the health care setting.”⁴⁰ The environment of care program includes elements such as infection control, patient and employee safety, privacy, and supply chain management.⁴¹

The purpose of this inspection was to determine whether staff at VA medical facilities maintained a clean and safe healthcare environment in accordance with applicable standards. The OIG inspected selected areas that are often associated with higher risks of harm to patients. These areas may include community living centers, where vulnerable populations reside in a home-like environment and receive assistance in achieving their highest level of function and well-being.⁴²

During the OIG’s review of the environment of care, the inspection team examined relevant documents, interviewed managers and staff, and inspected four patient care areas:

- Community living center (Victory Inn)
- Medical/surgical inpatient unit (Medical Unit 4)
- PACT (Patient Aligned Care Team) Clinic
- Urgent Care Clinic

Environment of Care Findings and Recommendations

The OIG made no recommendations.

⁴⁰ VHA Directive 1608, *Comprehensive Environment of Care Program*, June 21, 2021. (VHA amended this directive September 7, 2023).

⁴¹ VHA Directive 1608. The supply chain management system must meet the needs of its customers, which involves ensuring availability of the right product in the right place and at the right time. VHA Directive 1761, *Supply Chain Management Operations*, December 30, 2020.

⁴² VHA Handbook 1160.06, *Inpatient Mental Health Services*, September 16, 2013; VHA Handbook 1142.01, *Criteria and Standards for VA Community Living Centers (CLC)*, August 13, 2008. (VHA rescinded and replaced this handbook with VHA Directive 1142, *Standards for Community Living Centers*, October 5, 2023.)

Mental Health: Suicide Prevention Initiatives

Suicide prevention is the top clinical priority for VA.⁴³ Suicide is a significant health problem in the United States, with over 45,000 lives lost in 2020.⁴⁴ The suicide rate for veterans was higher than for nonveteran adults during 2020.⁴⁵ “Congress, VA, and stakeholders continue to express concern over seemingly limited progress made...to reduce veteran suicide.”⁴⁶

Due to the prevalence of suicide among at-risk veterans, VHA implemented a two-phase process to screen and assess for suicide risk in clinical settings. The phases include the Columbia-Suicide Severity Rating Scale Screener and subsequent completion of the Comprehensive Suicide Risk Evaluation when the screen is positive.⁴⁷ VHA states that providers should complete the Comprehensive Suicide Risk Evaluation on the same calendar day as the positive screen and notify the suicide prevention team if a patient reports suicidal behaviors during the evaluation.⁴⁸

VHA requires each medical center and very large community-based outpatient clinic to have a full-time suicide prevention coordinator to track and follow up with high-risk veterans, conduct community outreach activities, and inform leaders of suicide-related events.⁴⁹

To determine whether staff complied with selected suicide prevention requirements, the OIG interviewed key employees and reviewed relevant documents and the electronic health records

⁴³ VA Secretary memo, “Agency-Wide Required Suicide Prevention Training,” October 15, 2020.

⁴⁴ “Suicide Prevention: Facts about Suicide,” Centers for Disease Control and Prevention, accessed November 30, 2022, https://www.cdc.gov/suicide/facts/index.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fviolenceprevention%2Fsuicide%2Ffastfact.html.

⁴⁵ VA Office of Mental Health and Suicide Prevention, *2022 National Veteran Suicide Prevention Annual Report*, September 2022.

⁴⁶ Congressional Research Service, “Veteran Suicide Prevention,” IF11886 version 2, July 29, 2021.

⁴⁷ Assistant Under Secretary for Health for Clinical Services/Chief Medical Officer memo, “Eliminating Veteran Suicide: Suicide Risk Screening and Evaluation Requirements and Implementation (Risk ID Strategy),” November 13, 2020. (This memo was superseded by Assistant Under Secretary for Health for Clinical Services/Chief Medical Officer memo, “Eliminating Veteran Suicide: Suicide Risk Screening and Evaluation Requirements and Implementation Update (Risk ID Strategy),” November 23, 2022.)

⁴⁸ Assistant Under Secretary for Health for Clinical Services/Chief Medical Officer memo “Eliminating Veteran Suicide: Suicide Risk Screening and Evaluation Requirements and Implementation Update (Risk ID Strategy);” Assistant Under Secretary for Health for Clinical Services/Chief Medical Officer memo, “Suicide Behavior and Overdose Reporting,” July 20, 2021. (This memo was superseded by the Assistant Under Secretary for Health for Clinical Services/Chief Medical Officer memo, “Update to Suicide Behavior and Overdose Reporting,” May 9, 2023.)

⁴⁹ VHA Directive 1160.07, *Suicide Prevention Program*, May 24, 2021. “Very large CBOCs [community-based outpatient clinics] are those that serve more than 10,000 unique veterans each year.” VHA Handbook 1160.01, *Uniform Mental Health Services in VA Medical Centers and Clinics*, September 11, 2008, amended November 16, 2015. (VHA rescinded and replaced this handbook with VHA Directive 1160.01, *Uniform Mental Health Services in VHA Medical Points of Service*, April 27, 2023.) During the period reviewed, the James E. Van Zandt VA Medical Center did not have very large community-based outpatient clinics.

of 48 randomly selected patients who had a positive suicide screen in FY 2022 and received primary care services.

Mental Health Findings and Recommendations

The OIG made no recommendations.

Report Conclusion

To assist leaders in evaluating the quality of care at their medical center, the OIG conducted a detailed inspection of five clinical and administrative areas and provided one recommendation on a systemic issue that may adversely affect patient care. The total number of recommendations does not necessarily reflect the overall quality of all services delivered within this medical center. However, the OIG's findings highlight an area of concern, and the recommendation is intended to help guide improvement efforts. The OIG appreciates the participation and cooperation of VHA staff during this inspection process. The recommendation is presented in appendix A.

Appendix A: Comprehensive Healthcare Inspection Program Recommendations

The table below outlines one OIG recommendation aimed at reducing a vulnerability that may lead to adverse patient safety events. The recommendation is attributable to the Chief of Staff. The intent is for leaders to use recommendations as a road map to help improve operations and clinical care.

Table A.1. Summary Table of Recommendations

Review Areas	Recommendations for Improvement
Leadership and Organizational Risks	<ul style="list-style-type: none"> • None
Quality, Safety, and Value	<ul style="list-style-type: none"> • None
Medical Staff Privileging	<ul style="list-style-type: none"> • Practitioners with equivalent specialized training and similar privileges evaluate licensed independent practitioners on an ongoing basis.
Environment of Care	<ul style="list-style-type: none"> • None
Mental Health: Suicide Prevention Initiatives	<ul style="list-style-type: none"> • None

Appendix B: Medical Center Profile

The table below provides general background information for this low complexity (3) affiliated medical center reporting to VISN 4.¹

**Table B.1. Profile for James E. Van Zandt VA Medical Center (503)
(October 1, 2019, through September 30, 2022)**

Profile Element	Medical Center Data FY 2020*	Medical Center Data FY 2021†	Medical Center Data FY 2022‡
Total medical care budget	\$223,506,172	\$245,962,416	\$268,886,078
Number of:			
• Unique patients	24,970	26,695	27,456
• Outpatient visits	280,405	330,694	333,519
• Unique employees§	739	799	906
Type and number of operating beds:			
• Community living center	40	40	40
• Medicine	11	11	11
Average daily census:			
• Community living center	34	24	35
• Medicine	1	2	5

Source: VHA Support Service Center and VA Corporate Data Warehouse.

Note: The OIG did not assess VA's data for accuracy or completeness.

*October 1, 2019, through September 30, 2020.

†October 1, 2020, through September 30, 2021.

‡October 1, 2021, through September 30, 2022.

§Unique employees involved in direct medical care (cost center 8200).

¹ VHA medical facilities are classified according to a complexity model; a designation of “3” indicates a facility with “low volume, low risk patients, few or no complex clinical programs, and small or no research and teaching programs.” VHA Office of Productivity, Efficiency & Staffing (OPES), “VHA Facility Complexity Model Fact Sheet,” October 1, 2020. An affiliated healthcare system is associated with a medical residency program. VHA Directive 1400.03, *Educational Relationships*, February 23, 2022.

Appendix C: VISN Director Comments

Department of Veterans Affairs Memorandum

Date: October 5, 2023

From: Director, VISN 4: VA Healthcare (10N4)

Subj: Comprehensive Healthcare Inspection of the James E. Van Zandt VA Medical Center in Altoona, Pennsylvania

To: Director, Office of Healthcare Inspections (54CH00)
Director, GAO/OIG Accountability Liaison (VHA 10B GOAL Action)

1. Thank you for the opportunity to review the draft report, Comprehensive Healthcare Inspection of the James E. Van Zandt VA Medical Center in Altoona, Pennsylvania.
2. I have reviewed the recommendation in the OIG draft report. I concur with the recommendation and action plan submitted by the James E. Van Zandt VA Medical Center.

(Original signed by:)

Timothy W. Liezert
Network Director, VISN 4

Appendix D: Medical Center Director Comments

Department of Veterans Affairs Memorandum

Date: October 5, 2023

From: Director, James E. Van Zandt VA Medical Center (503)

Subj: Comprehensive Healthcare Inspection of the James E. Van Zandt VA Medical Center in Altoona, Pennsylvania

To: Director, VISN 4: VA Healthcare (10N4)

1. I have reviewed the draft report of the Office of Inspector General (OIG) Comprehensive Inspection Program Review that was conducted at the Altoona VA Medical Center. I concur with the OIG's recommendation outlined in this draft report.
2. I am submitting corrective action plans for the recommendation.
3. I appreciate the insights and guidance provided by OIG as a collaborative partner in assisting our facility to improve our processes as we strive to deliver high quality care for our Veterans.

(Original signed by:)

Clayton Rickens

Acting for Derek Coughenour, PT, DPT, MPM, CLD, VHA-CM
Executive Director

OIG Contact and Staff Acknowledgments

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